






2024

Annual Impact Report



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 **Palmer** ^{50 YEARS}
Drug Abuse Program

3730 Kirby Dr., Suite 1200, Houston, TX 77098
To Join: 281.589.4833 | Admin: 281.589.4602

Together, We Can do great things.

MISSION

The Mission of the Palmer Drug Abuse Program is to be the most effective prevention and recovery program helping young people and families avoid or recover from the devastating effects of drug and alcohol abuse.

VISION

To increase the availability of PDAP services to areas currently underserved, while maintaining free prevention and long-term drug and alcohol recovery programs of the highest quality that are readily accessible to Houston area youth and their families.



2024 By the Numbers

2,019

Total Individuals were supported by PDAP

1,012

teens and young adults found care and hope with PDAP's program and APG

1,007

PDAPs found support and community with PDAP's programs

102

Sober Socials hosted on the weekends for "serious" fun

1,404

hours of Recovery Coaching were provided by our licensed staff

24

Families learned valuable prevention measures in our *Compass: Navigating Recovery* course

44

individuals attended PDAP's very first Dream Out Loud: Recovery Amplified Concert

93

Zip Codes that PDAP reaches into with a helping hand

29

Area school districts who have teens participating in PDAP's programs

13

Community partners invited PDAP to participate in their events around town

108

Champions for Recovery of all levels attended our annual Breakfast in October

64

Runners and participants *Ran with the Force* at the 2024 PDASH on May the Fourth

20

Foundations granted funding to further PDAP's mission and efforts

140

Individuals supported PDAP with monetary contributions

21

Navigators made monthly, life-giving donations to ensure PDAP's programs last

PDAP's Strategy



Palmer Drug Abuse Program – Houston (PDAP) has kept connection, acceptance, hope, and sober fun central to the focus of a life without substances for more than five decades. We offer a welcoming and inclusive environment where every young person, regardless of their background, feels valued, supported, and empowered. PDAP offers a safe, secure environment to implement change and build lifelong friendships, repair relationships and rebuild bridges burnt, and revitalize dreams lost along the way. **Together, we can** make a difference!

In 2024, our organization saw a 30% growth over our reach in 2023 and we anticipate seeing a similar increase throughout 2025. This continued growth shows the desperate need in our community for programs like PDAP's where teens and families learn and experience that sobriety is the only way forward.

We know that connection and relationships are the key to walking the path of recovery and maintaining sobriety. Community means everything to success and our program is the best at building that safe village of support.

Teens and PDAP's APG

PDAP's nationally recognized Alternative Peer Group (APG) is a structured, supportive group which offers a positive alternative to traditional peer groups who may engage in substance abuse or other risky behaviors. Therapeutic after-school and weekend programming for teens with substance use disorder does not exist outside of the APG model, founded at PDAP in 1971. This evidence-based service model draws on the power of consistent positive peer influence to help young people recover. Our teen participants attend 12-Step-based meetings on afternoons and weekends, as well as regularly scheduled sober social activities.



Parents and Family

While parents and their teens have family sessions with a recovery coach, we also have a growing Parent Group that has been established for these families to offer additional support. The parents meet at least weekly in a group like the APG setting to discuss successes and challenges, ask questions of parents going through a similar situation, and to find community and a feeling of belonging and hope.

Compass: Navigating Recovery

Compass: Navigating Recovery is PDAP's 8-week, virtual transformative course for teens AND parents! Caregivers learn to address substance use challenges, strengthen the family, and develop positive parenting skills. Simultaneously, teens explore creating substance-free lifestyles, gaining awareness of high-risk behaviors, and acquiring essential life skills. Together, families embark on their healing journey, creating brighter futures, surrounded by a community of peers!



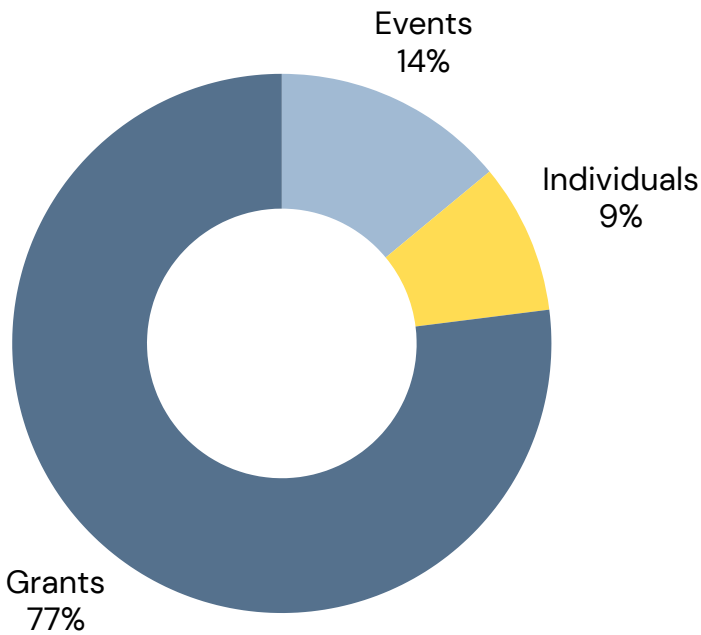
Community

PDAP goes beyond other APGs by offering a comprehensive approach, providing prevention education alongside traditional APG services, while tailoring recovery coaching to suit the needs of the individual family. This approach has made us the largest APG locally, serving one of the most diverse cities in the nation. PDAP stands out as a unique alternative peer group due to its comprehensive approach, diverse range of programming, and commitment to inclusivity serving communities throughout Houston. PDAP offers a new village to teens and their families to make positive changes with the love and support of the whole community.

2024 Finances

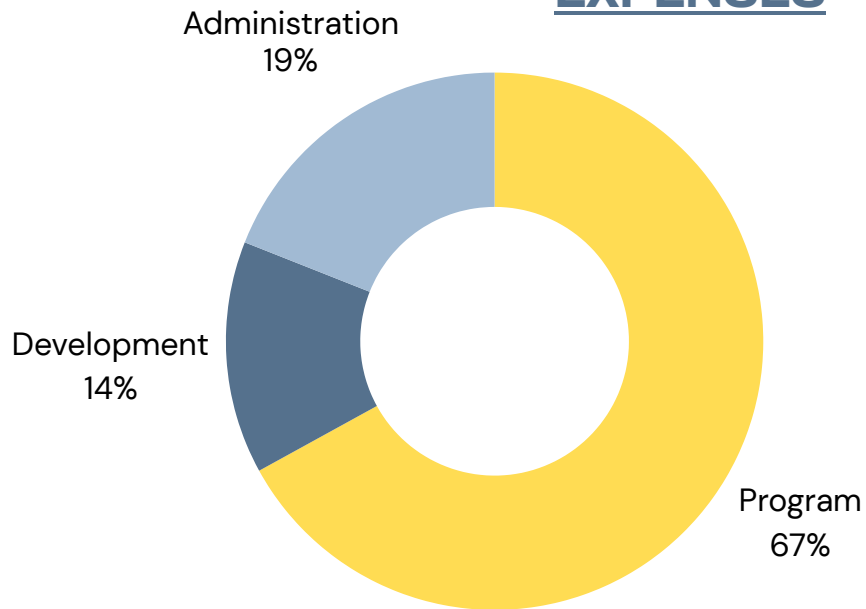


REVENUE SOURCES



TOTAL RAISED
\$525,279.39

EXPENSES



Charity Navigator



◆ THREE-STAR ◆

Platinum
Transparency
2024

Candid.

Events



2024 PDASH
Run with the Force
May 4, 2024



The Baker Family
The Manteris Family



PALMER
DRUG ABUSE PROGRAM

SKYLERRAY & KALAMULCAHY

WEDNESDAY, OCTOBER 9
DOORS OPEN 6:00PM

DREAM
OUT LOUD
RECOVERY AMPLIFIED

Palmer
50 YEARS
Drug Abuse Program

DREAM OUT LOUD CONCERT

THE COUNCIL ON RECOVERY

THANK YOU FOR YOUR GENEROUS SUPPORT!

ARCHWAY ACADEMY **SERENITY LIGHT RECOVERY** **Cougars in Recovery**
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PALMER
DRUG ABUSE PROGRAM

DEVIN THOMAS

WEDNESDAY, OCTOBER 9
DOORS OPEN 6:00PM

DREAM
OUT LOUD
RECOVERY AMPLIFIED

PALMER DRUG ABUSE PROGRAM

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SPECIAL THANKS
David Shutts Photography



7th Annual PDASH Champions for Recovery Breakfast

Thursday, October 10
Junior League of Houston



Together, We Can make a difference.

PDAP for me has been a certain safe haven and a place that has accepted my faith in Christ, when I came back to the program with this newfound faith, the staff and other kids were very accepting of it, and not only was everybody accepting to that. I've felt very accepted for who I am and my personality it's been a supportive space where I can open up and share my experiences I've also made a lot of friends here. Lateef has been a huge support in my recovery journey, as well as Mariah, and Ms. Christie.

- PDAPer

My son told us about his substance use in February 2023 and he went to PaRC in May 2023. When he came back from PaRC, we were feeling distraught and hopeless. Most days were difficult, filled with anxiety and fear. He joined PDAP in July 2023. His time in PDAP has given us hope. When we speak with other parents in PDAP, we realize that we are not alone in this struggle. Being a member of PDAP, and participating in PDAP, has meant comfort, solace, progress and serenity for parents like us. My son is now 3 months sober. We are very happy and hopeful for the future.

- PDAParent

PDAP has been an important part of our daughter's recovery journey. They provide high quality recovery coaches who are LCDCs (licensed chemical dependency counselors) and offer fun social activities that the kids actually look forward to attending. The support given to parents, by both the recovery coaches and other parents in the group, has been invaluable to us. Before joining PDAP, our family had been part of another APG that charged a high monthly fee plus additional fees for family sessions. Somehow, PDAP is able to offer much higher quality programming and helpful family sessions under a flexible fee structure! This service is invaluable to our family and to the recovery community as a whole in Houston. I don't know what I would have done without the community of parents I've grown to trust and lean on or what my daughter would do without her PDAP friends' support. We are grateful to everyone at PDAP.

- PDAP Family

We'd like to thank all our donors for their generous support.

Together, We Can save lives.

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