

2023 ANNUAL REPORT

Palmer Drug Abuse Program

pdaphouston.org



CEO & BOARD CHAIRMAN MESSAGE



Dear Friends and Supporters,

Thank you for standing with us throughout this transformative year, united by the power of hope. It is with heartfelt gratitude that we extend our deepest thanks for your unwavering support.

For 53 years, PDAP has stood as a beacon of hope. Each day, we are profoundly moved by our clients, the true heart and soul of our community. This year, we have witnessed a surge in demand, highlighting the growing need for our programs and underscoring the financial necessity to support the teens who need us most. We have served over 1,500 teens and caregivers across 93 zip codes, an increase from last year by 94%, a testament to the vital role we play in Houston.

In response to this heightened demand, we have embraced innovation, introducing new evidence-based classes that not only provide a jumpstart into recovery but also help deeply integrate recovery work beyond the walls of our program. Our staff's commitment and tireless efforts breathe life into the promise of recovery. We recognize that long-term recovery involves the entire family, and with your support, families can embark on their journey without the burden of financial barriers. Your contributions serve as lifelines, breaking down these barriers and enabling families to concentrate on their most pressing need: recovery. The hope that families feel when warmly embraced at PDAP is palpable. Hope resonates through our community when, despite struggles and setbacks, a teen begins to believe in themselves and their future, a hope that transcends words. Let it remind us of the significant impact our collective efforts can have.

As we look ahead, we are filled with optimism for the future and the continued expansion of our impact. **Together, we can** forge a path toward a brighter, hope-filled tomorrow for every teen and family we serve. Thank you for being a part of this vital journey. Your support, dedication, and belief in our mission make all the difference. Let us collectively celebrate the profound impact your gifts have on our community.

With deepest appreciation,

Beth Eversole & Drew Baker

Community NEED



Roughly 65% of teens & young adults with substance use disorders also have a mental health disorder, including depression, anxiety, ADHD, suicidality, and trauma



87% of teens & young adults with substance abuse disorders do not get help or support



By 12th grade, about two-thirds of students have tried alcohol



About half of high schoolers report having ever used marijuana

OUR MISSION

is to be the most effective prevention and recovery program helping young people and families avoid or recover from the devastating effects of drug and alcohol abuse.

01. PDAP was the first in the nation to develop the Alternative Peer Group (APG) model

02. Our Sober Social Events each week offer proof that there can be fun without drugs or alcohol.

03. The Parents Group offers additional support while showing recovery is a family journey.



WHY PDAP?

 Family Focused Support

 Sober Social Activities Each Week

 Programs for Teens & Young Adults

 Peer-To-Peer Recovery Model

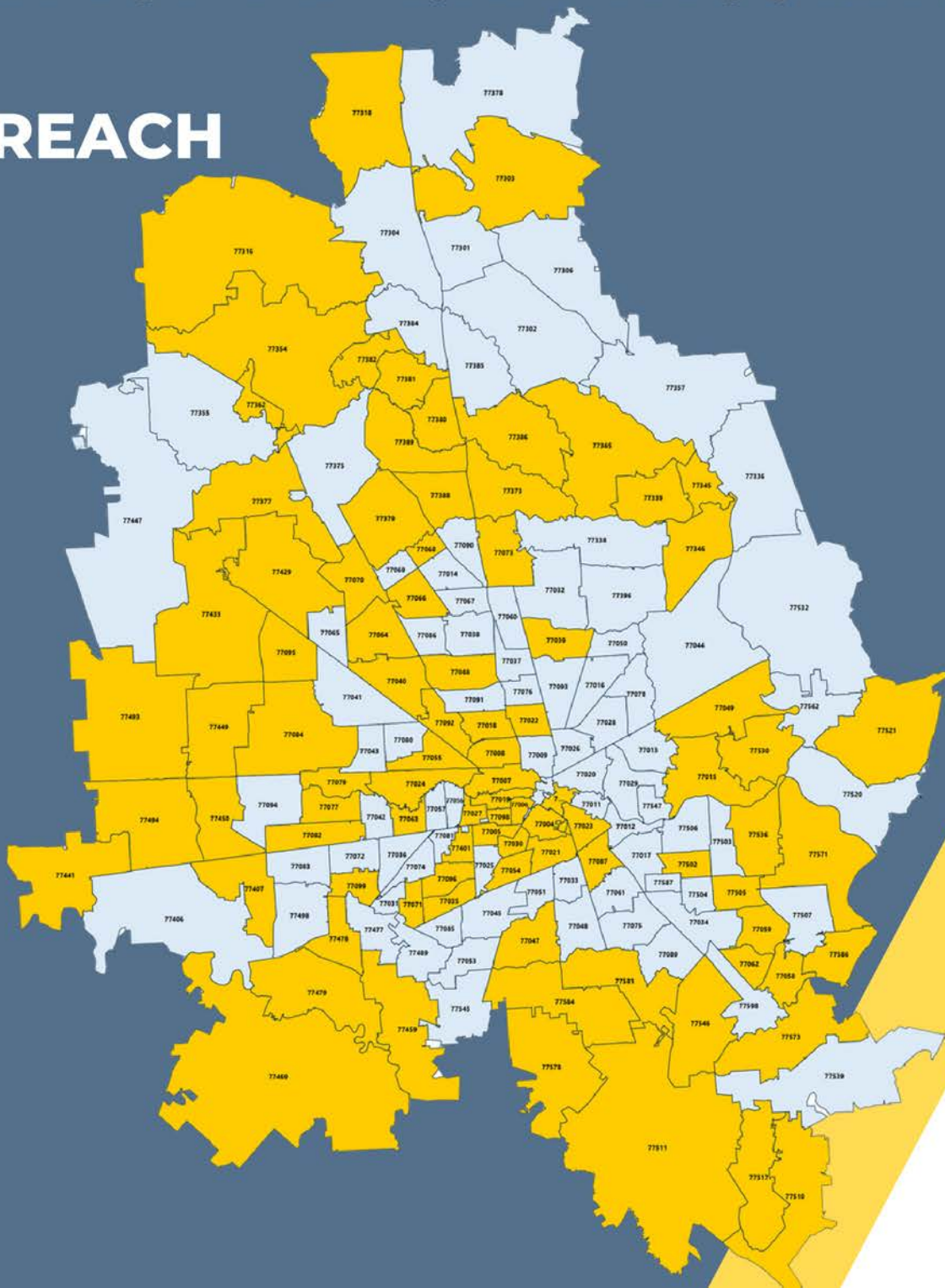
 Donation-Based Enrollment

 Provides Hope & Healing

PDAP'S *Impact*

Since its founding in 1971, PDAP's Alternative Peer Group (APG) model has been recognized nationwide as the most effective way to help young people achieve recovery from substance use and related high-risk behaviors. We have maintained the integrity of our model – facilitating positive peer pressure to help ensure bright futures – while continuing to innovate in response to the changing needs of each cohort.

REACH



PDAP's reach has grown to 93 zip codes across the Greater Houston region. We work with teens and families in 29 local school districts.

“

PARENT TESTIMONY

The discovery of my teen's addiction was a gut-wrenching, heart-shattering moment as a parent. It's a mix of disbelief, fear, and overwhelming sadness. Suddenly, the future I envisioned for my child was overshadowed by uncertainty, leaving me feeling helpless and desperate for guidance.

In the midst of this crisis, my family had no idea what to do. After some research, we learned of alternative peer groups and looked into PDAP. Walking through the doors of PDAP for the first time, we didn't know what to expect. We were met with understanding eyes and warm smiles, instantly feeling embraced by a community we now call home.

As a parent, being welcomed into this space feels like taking a deep breath after months of holding it in—a moment of relief. It's a place where you're not judged but understood, where your fears are met with empathy, and your tears are met with compassion. The shared experiences of other parents create an instant connection and a support during the hardest most uncertain times.

It's the promise that my child is not alone in this battle, and neither am I. PDAP becomes more than a program; it transforms into a lifeline of support. The community becomes a second family, a group of peers and staff who genuinely care, who have walked similar paths, and who are willing to stand by your side.

In this community, I found strength I didn't know I had, encouraging me to face the challenges ahead. Every shared story of recovery becomes a testament to the possibility of healing, igniting a new hope within my heart.

I START TO SEE GLIMPSES OF MY CHILD - THEIR LAUGHTER, THEIR DREAMS - BEYOND THE GRIP OF ADDICTION, REMINDING ME OF THE PERSON THEY USED TO BE AND THE PERSON THEY CAN BECOME AGAIN.

Overall, finding PDAP and being embraced by its community feels like being handed a roadmap through a daunting journey. It's a lifeline of hope, a sanctuary of understanding, and a promise of recovery. In the face of crisis, it provides the reassurance that, together, my teen and I can navigate the path to healing, resilience, and a brighter tomorrow.



Events



Thank you!

To all Sponsors, Donors, Volunteers, & Runners - you made it possible for **421** participants to enjoy sober social activities throughout the year!

Together, We Can

\$14,745 Raised!

PDASH 3K Fun Run



RUNNING FOR TEEN RECOVERY



Unity

Each year we come together to bring awareness to the effects of mental health and substance abuse concerns in our community.



Strength

This year we had our first-ever PDAPer and PDARENT medalists - taking first and second place! Congratulations to all runners and walkers - you made a huge impact!



Service

Thank you to all board members, sponsors, donors, volunteers, staff, and participants for making this day happen! See you next year!



2023



SPONSORS

Platinum



Gold



Spindletop

Silver

Baker Family

Manteris Family

Bronze



Menninger



LUNA recovery



LEITNER ENERGY LLC

Zhang Family

Thank you!

Benefiting adolescent programs

CHAMPIONS for RECOVERY BREAKFAST

Honoring The Hamill Foundation for their many years of support of PDAP, chaired by Rob Saltiel, with special guest speakers the Zachry Family. Thank you for everyone who sponsored, supported, and attended our event. See more photos at facebook.com/PDAPHouston



Thank you to Our Sponsors

CHAMPION CAPTAIN
ROB SALTIEL

CHAMPION BOSUN

MARILYN AND RICHARD LYNCH
GIGI AND WOODIE ZACHRY

CHAMPION for HOPE



NORTON ROSE FULBRIGHT

Jeanette and Drew Baker

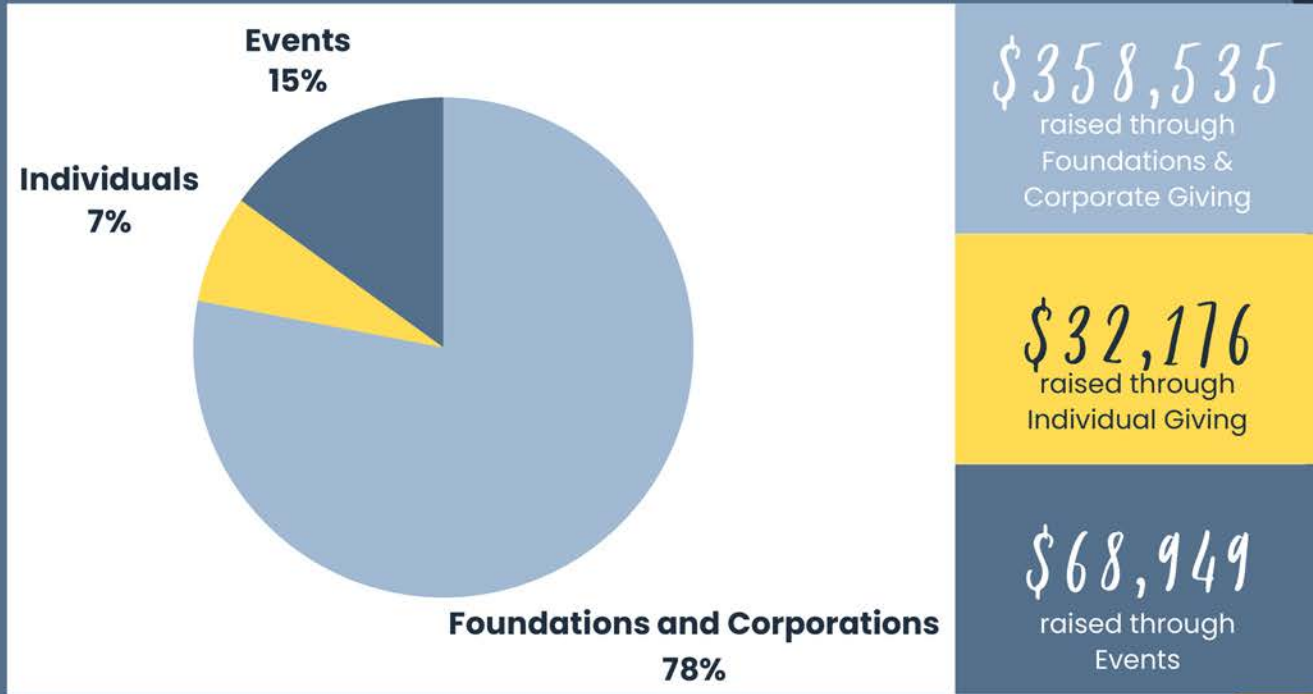
Mary and Jeff Gorski

Jenifer and Clay Williams

Special Thanks
David Shutts Photography

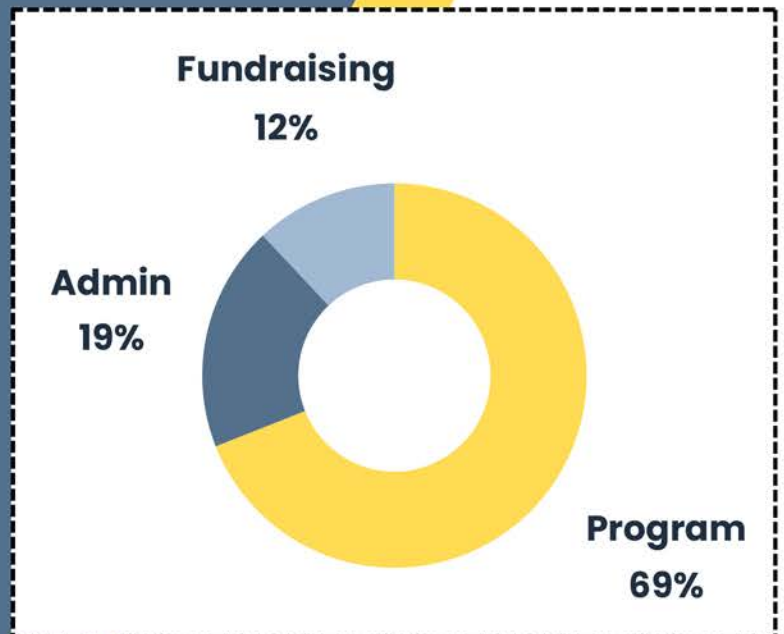
FINANCES

2023 REVENUE BREAKDOWN



TOTAL RAISED IN 2023 **\$459,660**

2023 EXPENSES BREAKDOWN



Thank You

TO OUR 2023 DONORS

Deborah Adams
Lauren Anderson
The Andrews Foundation
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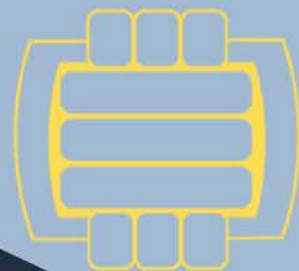
Office Manager

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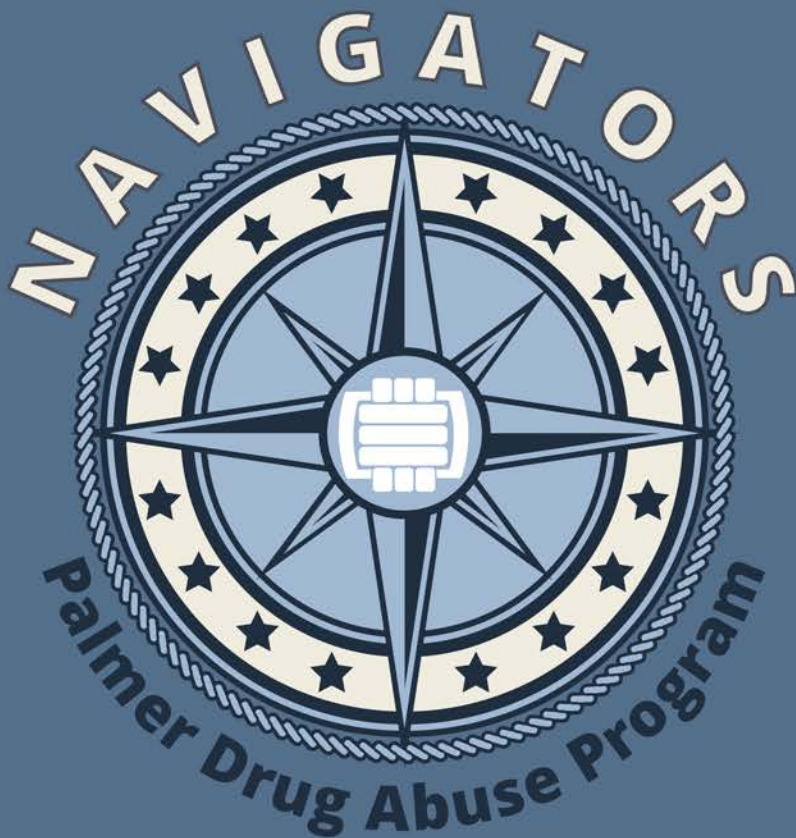


NAVIGATORS

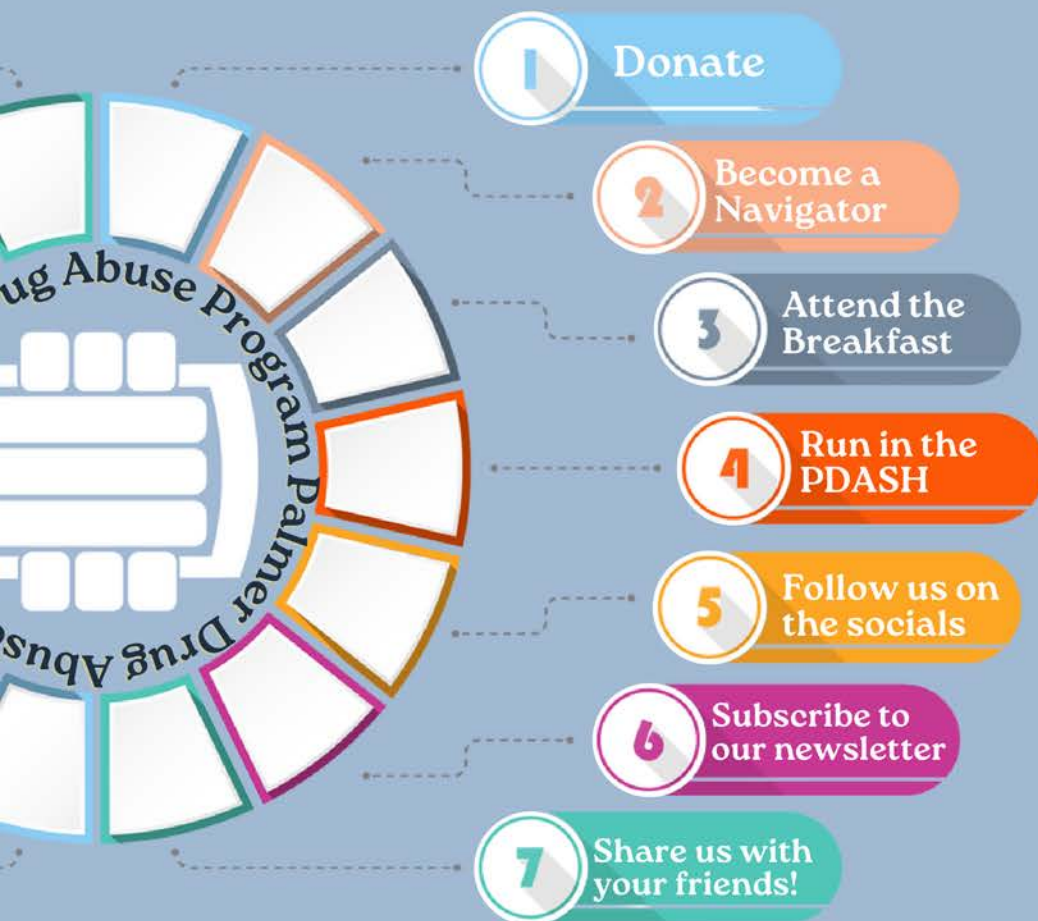
The Navigators are a growing community of monthly donors who provide support for PDAP participants finding their way in recovery. The ongoing, steady backing of our Navigators delivers steadiness and reliability for our teens, young adults, and families on their journey of recovery.

Learn more at

<https://pdaphouston.org/the-navigators/>



The Best Ways to support PDAP



As a 501(c)(3) social services organization, PDAP remains free for participants and relies on contributions to support our critical programs.

A gift of \$250 covers one participant's weekly services. All donations help expand our reach across the area so those in need can find us.

EIN #74-2078429

Learn more at

<https://pdaphouston.org/donate-or-pay/>

VISION

Our vision is to increase the availability of PDAP services to areas currently under-served, while maintaining free prevention and long-term drug and alcohol recovery programs of the highest quality that are readily accessible to Houston area youth and their families.

Together, we can continue to offer free access to our recovery community and impact even more individuals with our programming.



Let's Be Friends



Monthly Newsletter:
<https://pdaphouston.org/>



<https://www.instagram.com/pdaphouston/>



<https://www.facebook.com/PDAPHouston/>



<https://www.linkedin.com/company/palmer-drug-abuse-program-houston-inc>

2023 ANNUAL REPORT SNAPSHOT



Palmer Drug Abuse Program

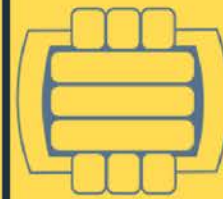
PDAP's **mission** is to be the most effective prevention and recovery program helping young people and families avoid or recover from the devastating effects of drug and alcohol abuse. Our **vision** is to increase the availability of PDAP services, while maintaining free prevention and long-term drug and alcohol recovery programs of the highest quality that are readily accessible to Houston area youth and their families. **Together, we can** continue to offer free access to our recovery community and impact even more individuals with our programming.

PDAP IN
NUMBERS

808
PDAPers

ZIP CODES

93



29

SCHOOL
DISTRICTS

102 SOBER
SOCIALS

746
PDARents

63 PDASH
RUNNERS

115 CHAMPIONS
FOR RECOVERY

SUPPORTERS
140 302
DONATIONS

PDAP WORKS WITH STUDENTS FROM 29 AREA SCHOOL DISTRICTS

Houston ISD

Cy-Fair ISD

Conroe ISD

Katy ISD

Fort Ben...

Including: Aldine, Alief, Alvin, Channelview, Clear Creek, Conroe, Cypress Fairbanks, Deer Park, Fort Bend, Friendswood, Galena Park, Goose Creek Consolidated, Houston, Humble, Katy, Klein, La Porte, Lamar Consolidated, Magnolia, Montgomery, New Caney, Pasadena, Pearland, Santa Fe, Sheldon, Spring Branch, Spring, Tomball, and Willis

SCAN
ME! >>>



Contact us for
more information

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